HPV self-sampling: This is how it will happen

In 2025, the Wellbeing Services Counties of Pirkanmaa, Kanta-Häme, Central Finland, Ostrobothnia and Päijät-Häme will conduct a study on HPV self-sampling with voluntary participants. In this study, the participants will collect a sample by themselves at home, if they do not want to visit a laboratory for traditional screening.

The study* will be performed by the Wellbeing Services Counties of Pirkanmaa, Kanta-Häme, Central Finland, Ostrobothnia and Päijät-Häme, as well as Tampere University and Fimlab.

If you live in Pirkanmaa, Kanta-Häme, Central Finland, Ostrobothnia and Päijät-Häme, belong to the age group that will be screened in 2025 and have received a reminder invitation from Fimlab for cervical cancer screening, you can order a self-sampling kit.



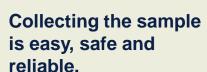
You can order Fimlab's selfsampling kit directly to your home through the link in the reminder invitation letter.

The kit will contain a sampling swab, detailed instructions, preliminary information form and return envelope.

*You will participate in the HPV self-sampling study by ordering the self-sampling kit. Please fill out the short questionnaire on selfsampling, too.



You can collect the sample at home at your own leisure.



The sample should be collected within 3 weeks after receiving the kit.



Put the sample and the preliminary information form into the return envelope and mail the envelope to Fimlab within 24 hours after collecting the sample.



Fimlab will examine your sample for the high-risk HPV.

The test result and possible instructions for follow-up measures will be mailed to your home in 2 months.

Your reply letter will also contain a link to a short questionnaire on how well the self-sampling worked. whether the instructions were clear. and any experiences related to the participation.



