

Preliminary information form

Semen analysis

Fill out the preliminary information form, then print it and bring it with you.

Personal identity code _____

Last name _____ First names _____

Address _____

Postal code _____ City _____

Telephone number _____

Spouse's name _____ Spouse's personal identity code _____

Referring doctor and service location _____

Reason for seeking semen analysis? _____

Has your sperm been examined before? _____

No ☐ Yes ☐ Where? _____

Analysis results: Normal ☐ Abnormal ☐

Do you have any underlying conditions and/or have you contracted any illnesses in the last three months?

Do you have any regular medication and/or have you used any medications in the last three months?

Do you smoke or use snus? No Yes

SAMPLE (to be filled out by the laboratory)

Identity confirmed _____

Date _____ Time _____

Abstinence period _____

Was the entire sampled collected in the sample container? Yes _____ No _____:

First part missing _____ Last part missing _____

Semen analysis

Book an appointment:

You can book an appointment to the sperm laboratory of Fimlab's fertility treatment laboratory as follows:

- a) Book an appointment online: www.fimlab.fi/ajanvaraus > Pirkanmaa > Semen analysis
- b) Book an appointment by telephone at 010 808 525. Appointment booking is available from 8 AM to 3 PM.
- c) Book an appointment for semen freezing only by telephone at 010 808 525. Appointment booking is available from 8 AM to 3 PM.

Arriving at the fertility treatment laboratory's sperm laboratory

Our address is Arvo Ylpön katu 4. Please note that the entrance is on Ensitie. We are located on the first floor.

Instructions for sample collection

- You should abstain from ejaculating for two to five days before sample collection.
- Wash your hands with soap and rinse thoroughly before and after collecting the sample. Write your name and personal identity code on the label on the sample container.
- Collect the sperm sample by masturbating.
- Collect the entire sample directly into the sample container.
- Close the lid of the sample container and place the sample container into the sample return hatch.
- Visit the office of the laboratory one more time.